

INTERNATIONAL RECOVERY MONTH SEPTEMBER 2023

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--|---|---|---|--|---|
| | | | | | 1 LAUNCH In Collaboration with TRP All Welcome | 2 Interagency Recovery Run D.12 All Welcome |
| 3 | 4 | 5 | 6 Information stand in Tallaght Hospital All Welcome | 7 JADD Cafe "Different Pathways to Recovery" 7pm All Welcome | 8 CARP Service Users Coffee Morning 9-1 | 9 TASP 'A Celebration of Recovery' with guest speakers 10.00-3.00 All Welcome |
| 10 | 11 WASP Coffee Morning 10.30-12.00 service users | 12 YODA Coffee morning Primary Healthcare, Kilnamanagh All Welcome | 13 St Dominic's Selfcare morning 10-12.30 WASP Men's FS Open 7pm-9pm | 14 WASP Podcast Recording with family members | 15 Suicide Awareness Talk Jobstown Community Center 12-1.30 | 16 |
| 17 | 18 TRP Presents Challenging Stigma A Celebration of Recovery Drama Civic Theatre, SOLD OUT | 19 Family support Respite day - Maldron Hotel Service Users | 20 WASP Hope & Remembrance Gardening Group Service Users | 21 Tai Chi/Meditation St Aengus CC 11-12 All Welcome | 22 TRP Gardening 'seeds of recovery' 11-1 Service Users | 23 |
| 24 | 25 | 26 | 27 | 28 JADD's got Talent 7pm All Welcome | 29 Recovery Walk Recovery Cup - McUlliam All Welcome | 30 |